**Befriending Volunteer Role Description **

Summary of the role and the activities involved:

Role

To provide companionship for older people and to combat loneliness.

This could include:

• visiting an older person in their own home on a regular basis

• escorting someone into town to do shopping or other activities

• providing company to alleviate isolation

• providing information and referring to other services.

Personal qualities most suited to this role

• Good communication skills

• Patience and sensitivity

• Reliability

• An ability to deal with emergencies

• An understanding of the need for confidentiality

Any other information

This is not suitable as a short-term opportunity, as it requires developing a relationship with the client.

How many hours you need to give, when and where:

Usually you would meet with the person once a week for about an hour in their house.

What training will be necessary and available:

No formal training is required. We would provide you with all the required information and offer our induction and volunteer guidelines.

Who will supervise you:

Your supervisor would normally be:

Ruth George

Volunteer Organiser

Fulham Good Neighbours

Rosaline Hall

70 Rosaline Road

London, SW6 7QT

Tel. 0207385 8850

Email: [ruthgeorge@fulhamgoodneighbours.org](mailto:ruthgeorge@fulhamgoodneighbours.org)

Web: [www.fulhamgoodneighbours.org](http://www.fulhamgoodneighbours.org)

What expenses are payable:

We would cover your travel expenses connected to your befriending role.